

Syneron's Three-in-One trinita Skin Series Provides Total Facial Renewal

By Bob Kronemyer, Associate Editor

"Patients can expect a noticeable improvement in their skin laxity. There is also noticeable wrinkle reduction and improvement in skin pigmentation."

Achieving a complete skin program for immediate, visible and long lasting results is the driving force of Syneron, Inc.'s (Irvine, Calif.) new trinita™ skin series. With the trinita skin series, color correction, skin tightening and focused dermal remodeling can all be performed sequentially in a single session.

"FotoFacial RF, the first step of treatment, combines pulsed light and bi-polar radiofrequency (RF) energy to target freckles, brown spots, broken blood vessels and sun damage," explained Vince Afsahi, M.D., a dermatologist in private practice with offices in Newport Beach and Tustin, Calif. "A lot of patients also present with skin laxity, especially around their cheeks, jowls and neck area. These patients desire a bit of non-surgical tightening."



Vince Afsahi, M.D.
Dermatologist
Newport Beach and Tustin, CA
Clinical Instructor of Dermatology
University of Southern California
Los Angeles, CA

Refirme employs both infrared light and bi-polar RF for tightening, whereas the Matrix IR combines fractionalized diode laser and bi-polar RF energy "for focal treatment of wrinkles; in other words, distinct creases such as glabellar, forehead, periorcular, perioral and nasolabial folds," Dr. Afsahi noted. "The Matrix IR can help soften up the appearance of those areas."

On average, it takes Dr. Afsahi about 45 minutes to perform all three steps on the face and neck. Patients schedule three sessions, spaced roughly four weeks apart. "Results are excellent for a non-surgical treatment, with very little downtime, consisting of mild erythema and light edema lasting 24 to 48 hours," said Dr. Afsahi, a clinical instructor of dermatology at the University of Southern California in Los Angeles, Calif. "Treatment is also very flexible. You're able to tailor treatment to the patient's individual problems. However, the ideal candidate is someone with

mild skin laxity, mild-to-moderate skin folds and sun damage with freckling or vessels. In Southern California, this represents a lot of people. It is also nice to be able to address all three problems in one sitting."

Of the three steps in the trinita protocol, "I think Refirme has been phenomenal in the immediate changes that it creates in patients," said Todd Case, M.D., a plastic surgeon in private practice in Tucson, Ariz., who schedules a series of five treatments at three week intervals for all three modalities. "Patients can expect a noticeable improvement in their skin laxity. There is also noticeable wrinkle reduction and improvement in skin pigmentation." Furthermore, most of Dr. Case's patients do not require any topical anesthetic cream.

Compared to any other three-in-one treatment, "there is a dramatic improvement immediately, primarily because of the Refirme," Dr. Case observed. Furthermore, "results are still lasting from a series that ended three months ago." Additionally, one or two maintenance sessions annually will likely extend results "for a few years and would stem the tide of needing a face-lift," Dr. Case said.



Todd Case, M.D.
Plastic Surgeon
Tucson, AZ

As of the beginning of February, Dr. Case had three male patients undergoing trinita skin series treatment, as well as many more women. "Most men don't want to go through a surgical procedure, if they can avoid it, because of the downtime with the bruising and the swelling and the visible incisional scars," said Dr. Case, who charges \$4,500 for the five session series. "Both men and women have been ecstatic with treatment. The Matrix IR Fractional handpiece also helps with acne scarring."